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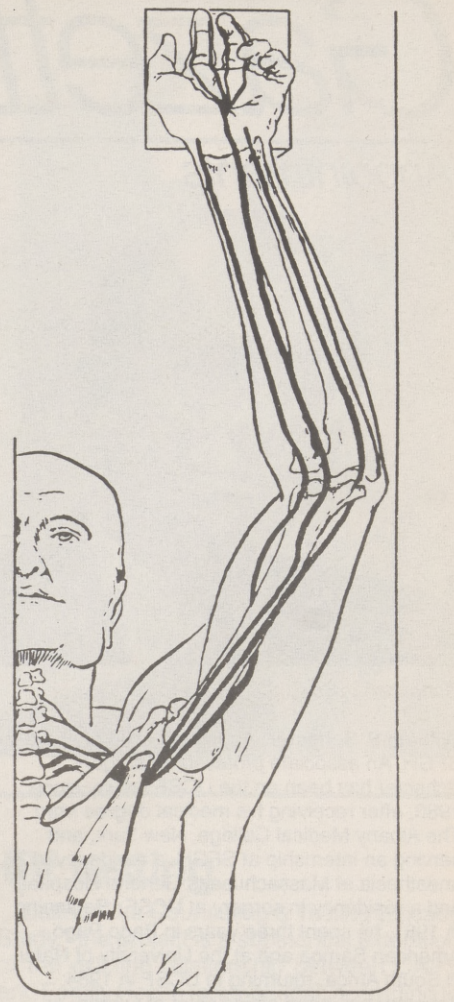
UCSF Newsbreak



Page 3 ... The latest on wrist splints and carpal tunnel syndrome

"The Path to Excellence: Women in Art & Science"

March is Women's History Month at UCSF

From comedy to drama, blues dance to a crafts fair, practical information on how to start your own business to a free night at the Exploratorium — UCSF's Women's History Month comes roaring onto campus in March.

One of the highlights of the celebration, under the theme "The Path to Excellence: Women in Art & Science," will be "An Evening with Jessica Mitford," the world-renowned iconoclast and author of the groundbreaking expose, *The American Way of Birth*. Mitford will appear on Tuesday, March 8, at 7 p.m. in Cole Hall. She will discuss her provocative analysis of birthing in America and the role of money and politics in an extremely lucrative industry — a saga which she describes as "champagne birthing suites for the rich and desperate measures for the poor." The event is a benefit for the Women's Resource Center and is co-sponsored by the UCSF Student Midwives Association. Admission will be $10-15, but no one will be turned away for lack of funds. For tickets call 476-5836.

Mitford's presentation is only one of several events during the month to celebrate women. Just look at what else is in store:

• Thursday, March 3, noon to 2 p.m., Toland Hall: Poetry reading featuring Phoebe Grigg, author of *Glass Wall*. She will be followed by a variety of published UCSF women poets the likes of Nellie Wong, Chude Allen and Denise Harvey.

• Friday, March 4, noon to 1 p.m., Plaza Grill: TEE FEE - Zydecajun and Blues Dance Band. Come to a lunch performance of this dynamic and exciting zydeco and blues band. Co-sponsored by Millberry Arts & Performances.

• Thursday, March 10, 7 p.m., Toland Hall: "Knocked Up." A theater production with the San Francisco Mime Troupe Second Stage. What would happen if a magic comet came and made all men pregnant, after the leader has declared that abortion is illegal? The performance incorporates traditional Italian Renaissance costumes, including masks, to illustrate hilarious predicaments while confronting a contemporary social issue. Co-playwright is Tina Tree Murch, administrative analyst in the School of Pharmacy's Student Affairs.

• Tuesday, March 15, noon to 1 p.m., Toland Hall: "The Birth Dance." A poetry and dance demonstration by Marina Alzugaray, a women's health care practitioner and certified nurse midwife (UCSF '81). The performance will depict a wide variety of birthing positions. Co-sponsored by the UCSF Student Midwives Association.

• Wednesday, March 16, noon to 1 p.m., HSW 300: "How Great to be a Woman." Marian C. Diamond's personal account of the beauty of choice in her life as a wife, mother, scientist, educator and author. Diamond, a world renowned researcher in the fields of anatomy and neuroscience at UC Berkeley, is director of the Lawrence Hall of Science and a member of the American Association of University Women Hall of Fame. Co-sponsored by Campus Tours/Speakers Bureau.

• Monday, March 21, 9 a.m. to 5 p.m., Millberry Conference Center: "Women in Commerce: From Cottage to Corporate." A trade and vendor fair featuring women-owned businesses showcasing services and merchandise such as personal athletic training, financial planning, artwork, clothing, jewelry and natural toiletries.

• Tuesday, March 22, noon to 2 p.m., MCB,

(continued on page 2)

Not only is this the logo for UCSF's Women's History Month, it is the new T-shirt design for the Women's Resource Center. If you would like to purchase one, call 476-5386. Artist is J. Hall.

"Women's Health 2000" March 12

Several aspects of women's health will be the focus of a special one-day community conference on Saturday, March 12, in the Millberry Conference Center. Entitled "Women's Health 2000," the educational forum is designed to allow women to hear from experts and ask questions about the health issues that affect their bodies.

Sessions will cover more than 20 topics, including nutrition, cancer, infertility, high-risk pregnancy, menopause, aging, family and parenting concerns, and how to communicate with a physician. Program presenters include UCSF faculty and other Bay Area health care providers.

Produced by the Obstetrics & Gynecology Research & Education Foundation, the conference will be co-hosted by UCSF and the *San Francisco Chronicle*.

Keynote speaker will be Judith S. Wallerstein of the Marin County–based Center for Families in Transition, who will discuss the psychological tasks of marriage.

The registration fee for the full-day session, including lunch, is $70; $45 for a half-day session. To register, call 591-9004.

Women's health issues now are coming to the forefront after years of incomplete study, says Robert Jaffe, chair of the Department of Ob/Gyn & Reproductive Sciences. "Thoughtful women are demanding to know more about their bodies in health and disease and the steps they should take to insure productive lives."

Conference co-sponsors include Wyeth-Ayerst Laboratories, Wells Fargo Bank, Dr. and Mrs. Jeffrey P. Hays, Tap Pharmaceuticals, Inc., Syntex, Serono Laboratories, The Upjohn Company, Genentech, Inc., and Eli Lilly and Co.

"No cause for alarm," says researcher

Pet cats pose a risk to the HIV infected

Stressing they do not suggest that people avoid cats, campus researchers say that some pet cats may be transmitting a rare and recently recognized bacterial disease to their HIV-infected owners. Moreover, some 40 percent of healthy felines may carry the microbes in their blood.

The disease, while it is potentially fatal, but curable with antibiotics, is called bacillary angiomatosis and is caused by an organism called *Rochalimaea*. When angiomatosis strikes an HIV-infected person, blood vessels grow out of control and form tumor-like masses in the skin, bone, liver and other organs. Physicians should be on the lookout for this condition, the researchers say, because it is marked by skin lesions easily mistaken for Kaposi's sarcoma.

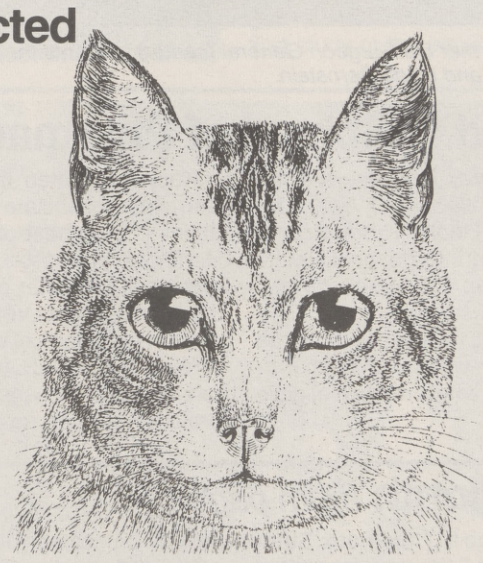
One of the patients studied was a 75-year-old woman with no evidence of HIV or other immunodeficiency, who owned no cats but had contact with two infected cats shortly before she developed the disorder.

The organism is transmitted either by cat scratches, bites or possibly infected fleas, says study leader Jane E. Koehler. "This in no way means people should get rid of their cats. They play an important role as companions. Americans live with 57 million cats in almost a third of our households, yet this disease is extremely rare," she says. The benefits of owning a cat far outweigh the risks of infection. But, says Koehler, avoid the claws and teeth, and if bitten or scratched, wash the wound with soap and water. That should prevent the bacteria from being transmitted.

The organism has almost certainly been around a long time, she adds, but it was only recently discovered after techniques were developed allowing researchers to grow it in laboratory dishes.

How the organism lives in the blood of healthy cats is a biological mystery, Koehler notes. Blood is normally sterile, and bacteria that invade blood usually are cleared away by the immune system or kill their hosts. "These cats are not sick at all," she says, "but some seem to have large numbers of organisms in their blood."

The team is conducting further studies to better understand the spread of *Rochalimaea*.



Septra reduces incidence of toxoplasmosis

This is not the first warning on cat-transmitted diseases to those who are immunocompromised. Toxoplasmosis is also transmitted by cats, through their feces, and is one of the most common opportunistic infections in AIDS patients and the major cause of illness and death.

Now, in another study, UCSF researcher Mark Jacobson and colleagues have found that HIV-infected patients taking preventive treatment with the drug trimethoprim-sulfamethoxazole — also called Septra or Bactrim — are 10 times less likely to become infected with toxoplasmic encephalitis (TE) than patients taking aerosolized pentamidine.

The study actually was designed to examine whether the drug pyrimethamine was useful in preventing TE in HIV-infected patients. Study results showed the drug was

(continued on page 2)

Freidson is UC Presidential Scholar

Eliot Freidson, professor emeritus of sociology at New York University, has been appointed a Presidential Scholar in the Department of Social & Behavioral Sciences in the School of Nursing.

Freidson, who will be at UCSF through the end of December, has done extensive research on professionalism and has published three books on the subject, including the award-winning *Profession of Medicine: Doctoring Together*, an empirical study of physicians in an early form of HMO; and a comprehensive study of the institutions of professionalism in the US, entitled *Professional Powers*. A collection of his papers on health care in the US, entitled *Medical Work in America*, was published in 1989, and a selection of his further studies on professionalism, entitled *Professionalism Reborn — Theory, Prophesy, Policy*, will be published within the next three months.

(continued on page 2)

Gazette

Appointments

Schecter

William P. Schecter: Appointed chief of surgery, SFGH. An associate professor of surgery, Schecter has been on the UCSF faculty since 1980, after receiving his medical degree from The Albany Medical College, New York, and serving an internship at SFGH, a residency in anesthesia at Massachusetts General Hospital, and a residency in surgery at UCSF. Beginning in 1981, he spent three years in Pago Pago, American Samoa and at the University of Natal in South Africa, returning to UCSF in 1984. Schecter has been acting chief of surgery at SFGH since August 1992, replacing Frank Lewis. Among his interests has been to establish a model for improving access to ambulatory surgical services for indigent patients, which has resulted in a non-profit corporation, "The Ambulatory Surgery Access Coalition."

Honors & Awards

Rappoport

Claire A. Rappoport: Appointed to the Shanti Project board of directors for a two-year term. Rappoport is project manager, Community Provider AIDS Training Project, family & community medicine, SFGH.

Goldstone

Jerry Goldstone: Voted president-elect, Western Vascular Society. Goldstone is professor & vice chair, surgery; chief, vascular surgery.

Doriane Miller featured on KGO

Doriane Miller, assistant professor, medicine, is one of five outstanding Bay Area African Americans who will be featured on a *Profiles of Excellence* special on KGO-TV, Channel 7, on Sunday, March 6, at 6:30 p.m. Miller directs medicine consultation services at SFGH and co-founded the "Grandparents Who Care" program, one of the first programs of its kind in the country. It provides support to grandparents who have taken on the responsibility of caring for a grandchild because the parents are unable to do so, usually because of drug addiction. Last year, Miller received a $100,000 award from the Robert Wood Johnson Foundation to further her work in the program.

Publications

Benjamin Libet: Author, *Neurophysiology of Consciousness* (Birkhaüser, Boston, 1993). Libet is professor emeritus, physiology.

Service Awards

The awards listed were presented within the last year.

Sandra L. Barth, 15 years, medical staff & education, Mount Zion.
Carol Benjamin, 10 years, Ambulatory Care Center.
Leannette E. Blake, 15 years, nursing.
Mark Bradley, 15 years, environmental services.
Donna M. Brill, 20 years, nursing.
Marianne Cahalan, 15 years, nursing.
Mary N. Clancy, 15 years, clinical labs, SFGH.
Larry D. Corridon, 10 years, respiratory care service.
Barbara Coulter, 25 years, nursing administration.
Virginia Cowan, 15 years, nursing.
Barbara J. Crays, 10 years, pediatrics.
Carl Croutch, 15 years, audiology.
Donland Dea, 20 years, radiation oncology.
Amorfina Del Rosario, 20 years, clinical labs, SFGH.
Marylou N. Fabi, 20 years, clinical labs, SFGH.
Irene R. Garcia, 25 years, clinical labs, SFGH.
Rolando C. Hernandez, 15 years, environmental services.
Andy N. Huang, 15 years, environmental services.
Maribeth Inturrisi, 15 years, nursing inservice education.
Karmond Jardine, 15 years, nursing.
Johnnie Jones, 25 years, nursing administration.
Esther V. Lee, 15 years, surgery.
Susan Mailhot, 10 years, pediatrics.
Vivien Ma-Wong, 15 years, nursing.
Jane McIntire, 25 years, nursing.
Carol Moeglein, 15 years, nursing administration.
Ernest S. Moeller, 20 years, admitting, Mount Zion.
Edjar J. Molina, 10 years, environmental services.
Jeanne A. Moeslener, 10 years, nursing.
Michael R. Mullis, 10 years, intensive care nursery.
Sylvia Nagulko, 10 years, pediatrics.
Gregory Olson, 10 years, pediatrics.
Maile Ota, 30 years, nursing.
Consuelo Palacio, 20 years, environmental services, Mount Zion.

Goyan Award to Bui, Yee

School of Pharmacy second-year student Bao-Chau Bui and graduate student David Yee have won the Frank M. Goyan Award. Bui was recognized for her superior academic performance, while Yee, who is in the PhD program in Pharmaceutical Chemistry, was chosen for his research and superior academic performance. Bui received $300; Yee $500.

The Frank Goyan Endowment Fund was established in 1992 by Richard Johnson and Larry Fischer, both 1965 graduates of the School of Pharmacy, in honor of Goyan, a faculty member who during his 44 years with the school was known for his uncommon generosity and extraordinary interest in both the education and welfare of his students. The purpose of the endowment is to stimulate interest in the subject to which he devoted most of his energy — Physical Chemistry/ Physical Pharmacy.

David Yee and Bao-Chau Bui

At the ceremony, the former US Surgeon General (center) presents the C. Everett Koop, MD Award to Eric Herfindal and Linda Bernstein.

Holiday Food Drive results are in

UCSF contributed 5,235 pounds of food — enough to provide nearly 7,000 meals to San Franciscans in need — during the Holiday Food Drive late last year. In a letter to Chancellor Martin, Paul Ash, executive director of the San Francisco Food Bank, stated, "Your Chancellor's Advisory Committee responded with a goal to increase food drive results by 2,000 pounds. They successfully met that goal. Special recognition should go to Christine Yee, the members of the committee, and the department heads who presented the first 3,000 pounds of food at a meeting in early December. Thank you to everyone who participated."

Freidson *(from page 1)*

In addition, Friedson says he now is completing yet another book that develops a theoretical framework of the study of five professions, including medicine, in five nations. The book will recommend social policies that reinforce rather than undermine the best of professionalism.

Freidson is available to consult with faculty and students. For further information call the Department of Social & Behavioral Sciences at 476-3964.

Pet cats *(from page 1)*

ineffective.

The secondary finding was a result of the requirement that all of the study participants had to be taking either trimethoprim-sulfamethoxazole, aerosolized pentamidine or dapsone for prevention of pneumocystis carinii pneumonia (PCP). Most of the patients were taking trimethoprim-sulfamethoxazole or aerosolized pentamidine.

Of the 218 patients who began the study using trimethoprim-sulfamethoxazole prophylaxis, only one developed TE, whereas in the 117 patients who received aerosolized pentamidine, seven developed the infection.

This is the first study to be published from the NIH-funded Community Programs for Clinical Research on AIDS (CPCRA). CPCRA is the National Institute of Allergy & Infectious Diseases (NIAID) agency which funds community-based clinical trials for HIV disease. It is a companion program to the AIDS Clinical Trials Group (ACTG), which funds institutional or university-based clinical trials.

Koop Award to School of Pharmacy

The School of Pharmacy has received the prestigious C. Everett Koop, MD Award for the "Best Film in the Health Professionals Categories" at the 1994 International Health & Medical Film Festival. The two-part video entitled, *Alzheimer's Disease: Current Concepts in Management*, placed first in the Therapeutics Category within the Health Professionals Categories, which made it eligible for this major honor.

Koop presented the top award to Linda Bernstein, associate clinical professor, producer and co-host of the video; and Eric T. Herfindal, professor, clinical pharmacy, and executive producer of the video. Co-executive producer was Vincent E. Friedewald, Jr., chair of the board, of the production company American Medical Communications of Houston. Hoechst-Roussel Pharmaceuticals, Inc. provided support for the film.

Women's Month *(from page 1)*

Rm. 125: "From Cottage to Corporate: Starting Your Own Business." Women are invited to learn the ins and outs of starting a business — from obtaining financing to coping with regulations and requirements. Will include presentations by representatives of Women's Initiative for Self Employment, the Small Business Administration, and the For Your Financial Information Group.

• Wednesday, March 30, 5:30 to 9 p.m., Exploratorium, 3601 Lyon Street: "The Path to Excellence: Women in Science." Bring the entire family to this special Exploratorium exhibit on women in science. Join UCSF staff, students, faculty and friends to explore and enjoy the more than 400 hands-on exhibits, live entertainment and food. Admission is free to the UCSF community (six tickets per person available at Millberry Central Desk and at all EMPACT! satellite ticket sale locations). Co-sponsored by EMPACT!, Millberry Arts & Performances, The Marriott, Fisher Scientific Co. and Johnson & Johnson.

The entire month's events are sponsored by the UCSF Women's Events Committee.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover March 12-25, will be on **Tuesday, March 1, at 11 a.m.** Please send campus news copy to Allen Balderson (476-3163), Medical Center news to Dawn Finch (476-3256), and calendar and gazette items to Michele Firpo (476-3257), all at Box 0462; fax 476-3541. Last-minute copy may be taken over the telephone by calling the above telephone numbers. The University of California is an affirmative action/equal opportunity employer.

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The first CD-ROM textbook on anesthesia

While the information superhighway isn't here yet, we do have something pretty exciting — CD-ROM ("reads only memory).

A CD has the capability to store scads of information — over 650 MB (megabytes). That translates into 270,000 pages of text, one to eight hours of speech or music, hundreds of high resolution color images or a combination of text, sound and graphics. It currently is the only medium that can deliver interactive, multimedia, virtual experiences, and it is all viewed through our desktop computers.

As a future teaching tool it possibly could be unsurpassed. And now, as one might expect, it is starting to turn the age of textbooks on its ear.

One such CD-ROM textbook is being produced by Oscar A. Fernandez, assistant professor of anesthesia. While there are some computer-based programs out there on other subjects, his is the first CD-ROM based textbook in the field of regional anesthesia.

"This is actually something I decided to do some time ago. It began when my father-in-law gave me slides from the '80s which showed a variety of anatomical images. I decided to load them onto the hard disk, and before I knew it I was sucked into the whole multimedia thing. As the CD-ROM tools improved I started to think to myself, 'Why not try a full CD-ROM package?'"

"What I really wanted to do was to address subjects that presently are not well covered in other textbooks of regional anesthesia," says Fernandez, "and to illustrate concepts impossible to do on paper — for example using animation and video segments, which give you a real sense of being there." The anesthesia textbook also incorporates still drawings, text and sound. "This is one package that combines all these different types of media into a well-organized teaching tool."

Fernandez says he has tried to spice up what normally are dry chapters. "Instead of flat diagrams of an anesthetic molecule for example, you get a 3D color image of a floating molecule," he says.

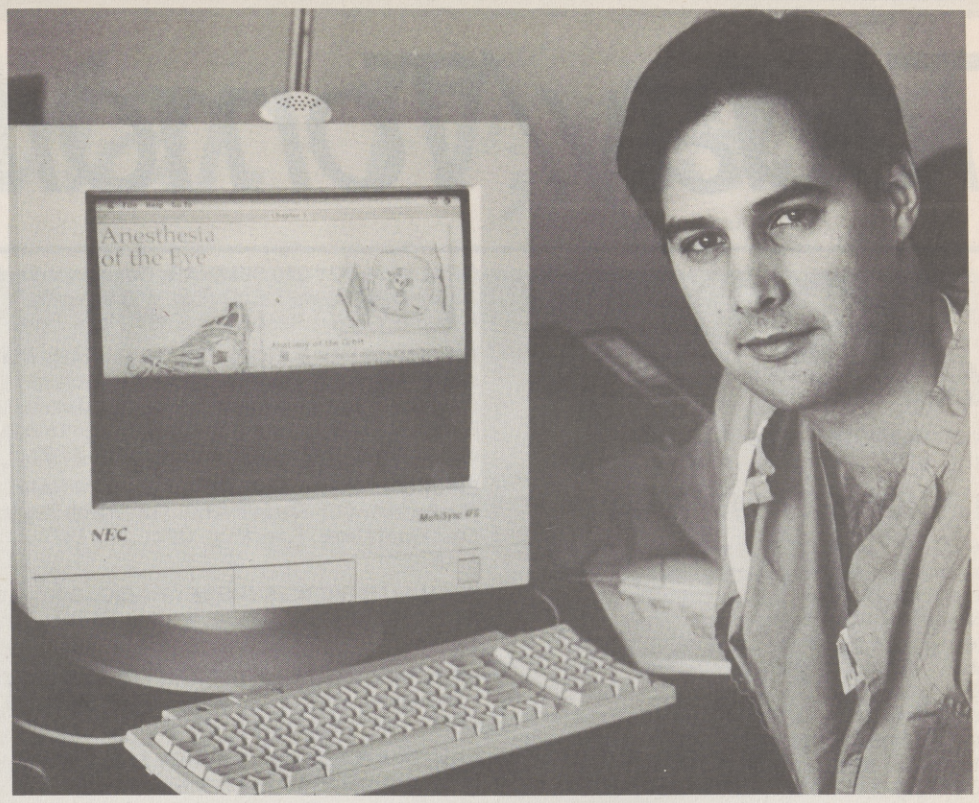
What certainly has helped Fernandez in his quest for a better textbook is being married to Patricia Galindo, a skilled programmer with RM Scientific Publications, and co-developer of the book.

Fernandez explains that the book is 120 pages, user-friendly, and customized so you can add your own notes. It is geared to residents in anesthesia, practicing physicians, and perhaps medical students who need to learn more about anatomy.

"An example of how this might be better than a regular textbook is the section 'anesthetics and the arm,' which I'd say is the most important aspect of regional anesthesia," says Fernandez. He explains that there is a high failure rate here due to inexperience and a basic misunderstanding of anatomy. Textbooks just don't give an accurate enough picture of what needs to occur. Many people fail in their first attempts to inject anesthetics correctly and then are reluctant to try again and therefore never learn. The new textbook shows rotating color images of precisely where needles need to go, films of actual procedures being done, plus X-rays.

Fernandez recently received The American Society of Anesthesiologists' Exceptional Merit Award for exhibiting his textbook software.

The price of this CD-ROM package? "Probably competitive with other major textbooks of regional anesthesia," Fernandez says. It should be ready for distribution sometime this summer.



Oscar Fernandez demonstrates his new CD-Rom textbook.

Will sexual behavior change in Africa?

$1.4 million to CAPS to study effectiveness of HIV testing

The Center for AIDS Prevention Studies (CAPS) has received $1.4 million from the US Agency for International Development (USAID) to conduct a two-and-a-half year, multi-site study to determine how effective HIV antibody testing and counseling is in developing countries. The grant is a subcontract with Family Health International. CAPS will be coordinating the study, which will be implemented in three African countries — Kenya, Malawi and Tanzania.

In addition to collecting data on how effective HIV antibody testing is in prompting behavior change, the study will produce information on cost efficiency, cost benefit, and side effects of counseling and testing, says CAPS director Thomas J. Coates.

The merits of HIV antibody testing and counseling must be assessed before sound health policy can be implemented, says Coates. "HIV antibody testing is expensive, requires technology transfer, and poses potential risks. Since public health resources often are scarce and the benefits of knowing one's HIV status are unproved in developing countries, those seeking to mount effective AIDS prevention programs must address the question of how they can best spend limited prevention dollars."

"These issues are particularly pressing in developing countries where options for treatment and early intervention are few, protections of civil rights may be tenuous, and funds available for prevention limited," says Coates. A primary goal of the study is to determine the benefits and costs of antibody testing so that appropriate health policy may be implemented by both developing countries and providers of international aid.

Called "The Counseling & Testing Efficacy Study," the project is a substantial extension of the existing relationship between CAPS and Family Health International, according to Coates. The two organizations work together on the USAID-funded project known as AIDSCAP, which uses technical assistance and applied research to strengthen the capacity of developing countries to undertake HIV prevention and control programs. As a chief collaborator in AIDSCAPS, the Center for AIDS Prevention Studies directs behavioral research and trains investigators from the countries of Africa, Asia and South America.

Still at the top in NIH funding

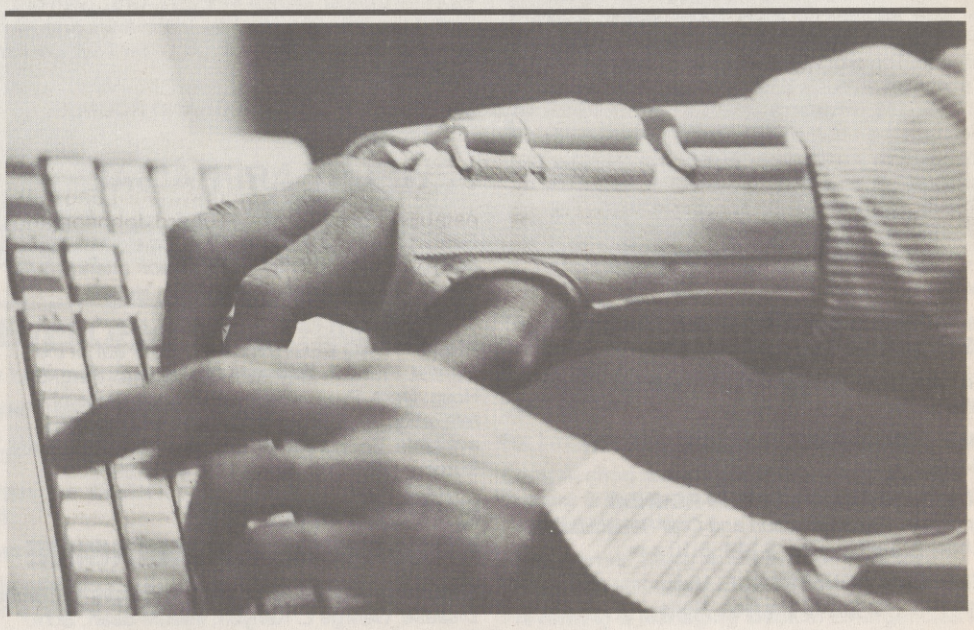
UCSF's four professional schools once again were at or near the top among sister institutions in NIH funding. For the 1993 fiscal year, the national rankings for the Schools of Dentistry, Medicine and Pharmacy remained the same as they were in 1992 (first, second and first, respectively), while Nursing moved up from third to second. Last year, NIH awarded UCSF 721 awards totaling $187.7 million, an increase of $22 million over 1992 in grants, contracts and fellowships.

For the 1993 fiscal year, NIH awarded the School of Dentistry $7,580,000; Medicine came in with $163,480,000, second only to Johns Hopkins; Nursing had $4,880,000, second only to the University of Washington; while Pharmacy with $11,815,000 more than doubled number two Purdue.

Martin to speak to faculty at Senate meeting

Chancellor Joseph B. Martin will be making an address to the faculty members during the Academic Senate meeting on Monday, March 14, at 4 p.m. in Room C 701. He will be discussing "Planning the Future of UCSF," which will outline campus priorities, academic planning and space issues, including short- and long-term planning.

Next month, on Tuesday, April 5, at noon in Cole Hall, Martin will hold a similar campuswide discussion for all staff and students and will address such issues as the progress UCSF has made and what still needs vital attention. See future issues of *Newsbreak* for details.



Flexible wrist splints no help in preventing carpal tunnel syndrome

Flexible wrist splints, touted as the crutch of many workers who do repetitive motion tasks, will not prevent carpal tunnel syndrome and, in fact, may do some people more harm than good, UCSF researchers have found in the first study of the popular devices.

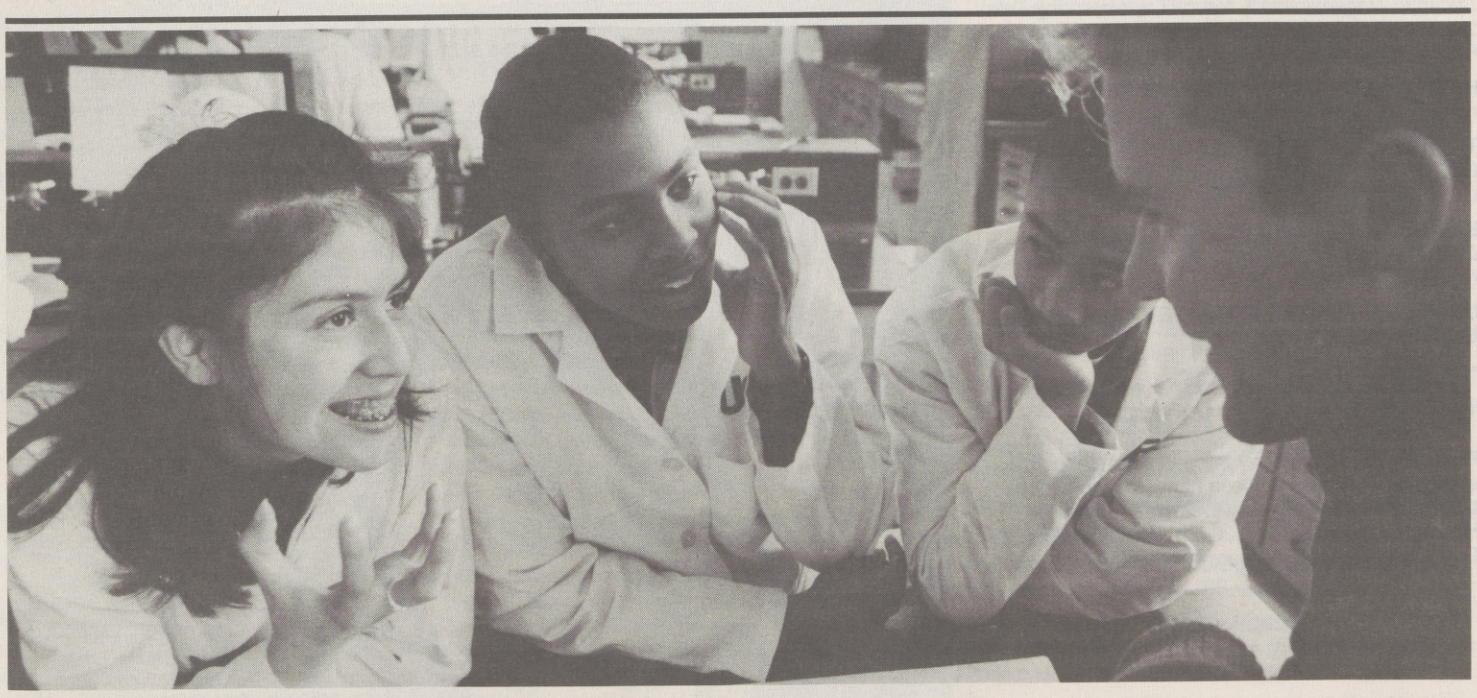
Carpal tunnel syndrome affects hundreds of thousands of people, making it one of the most common forms of occupational illness. The carpal tunnel is a tiny channel in the hand and wrist, which houses a nerve that, when stressed causes tingling and pain and a possible loss of sensation in the hand altogether.

The researchers tested the splints in 19 volunteers who did not have carpal tunnel syndrome. They were asked to wear the splints while loading and unloading one-pound cans from a box. The scientists, led by David Rempel, assistant professor of medicine at SFGH, found that the activity of their hands increased the pressure in the carpal tunnel, both with and without the splints, thus putting the volunteers at greater risk of carpal tunnel syndrome.

"You would expect that if the splint were effective in preventing carpal tunnel syndrome, you'd see a drop in pressure in the carpal tunnel. We didn't see that. In fact, we saw the pressure rise, not significantly, but it did rise," says Rempel. Results of the study are reported in the January issue of the *Journal of Hand Surgery*.

Flexible wrist splints are commonly advertised as a mechanism to help prevent carpal tunnel syndrome. While they have been found to be useful in people who already suffer from the disorder, it's never been shown whether they have any value as a preventive tool, Rempel says.

The study was funded in part by the Centers for Disease Control.



AAAS Public Science Day a big success

Hundreds of students from local high schools and middle schools came to UCSF last Friday to help kick off the American Association for the Advancement of Science Public Science Day. Among the many science opportunities offered to the students was the DNA fingerprinting lab where Balboa high school students (left to right) Susan Sol, Che' Reese Hargraves and Jess Ganuglas try to solve a "whodunit" mystery with the help of postdoc Jonathan Knight.

Today/Tomorrow

26 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

MISSION HEALTH FAIR

Free health screenings & information are offered to residents of the Mission District. Health services offered include dental hygiene instruction, anonymous HIV testing, immunizations and screenings for high blood pressure, cholesterol, diabetes, tuberculosis, prostate and testicular cancer. Sponsored by Mission Neighborhood Hlth. Cntr., Assoc. Students of UCSF & Chicanos & Latinos in Health Educ. Mission Neighborhood Hlth. Cntr., 240 Shotwell (at 16th). 9 a.m.-4 p.m. Call 552-3870.*

WOMEN'S RESOURCE CENTER WORKSHOP: *Basic Home Repair: Plumbing.* Women Empowering Women tradeswomen teach you how to repair leaky faucets, unclog drains, cut pipe & much more. $45-$60. N 517. 9 a.m.-4 p.m. Call 476-5222 to pre-register.*

28 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip) and phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes and costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.*

Because the service has become so popular and appointments are filled by the time this calendar is published, we list only dates when the van will be at UCSF locations and when appointments are still available:

- Fri., Mar. 4: UCSF/Parnassus at Medical Center Way.
- Mon.-Fri., Mar. 14-18: UCSF/Laurel Heights. 3333 California St. near Presidio Ave.
- Fri., Apr. 1: UCSF/Parnassus at Medical Center Way.

SPINE CONFERENCE ROUNDS. MU 302W. 7-8 a.m.

OTOLARYNGOLOGY GRAND ROUNDS: *Mandibular Reconstruction and Oral Rehabilitation.* Michael J. Kaplan, Oto. S 214. 8-10 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

LABORATORY MEDICINE GRAND ROUNDS: *Tyrosine Kinases, Intracellular Signaling & Malignancy.* Clifford Lowell, Microbio/Imm. L 535. 4-5 p.m.

URORADIOLOGY CONFERENCE. M 464. 5-6 p.m.

1 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Problem Cases.* Davies Med. Cntr. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

COMBINED ORAL & MAXILLOFACIAL/ORTHODONTIC/ORTHOGNATHIC SURGERY CONFERENCE: *When Are Orthodontic-Only Solutions Possible for Skeletal Malocclusions in Adults.* Robert Boyd, G & D. C 701. 8 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30-10 a.m. Call 476-1073 to schedule.

OB/GYN GRAND ROUNDS: *Patient Preferences in Reproductive Decision-Making.* A. Eugene Washington, Ob/Gyn, SFGH. S 1364. 9-10 a.m.

PEDIATRIC NEURORADIOLOGY/NEUROSURGERY CONFERENCE. N 721. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

CAMPUS AMNESTY INTERNATIONAL MEETING: Meets the first Tuesday of each month. MU 111. Noon-1 p.m.

HISTORY OF HEALTH SCIENCES LECTURE SERIES: *Fame & Profit: "Puzzle" Patients & Organ Transplantation in the New American Hospital Industry, 1945-1990.* Guenter Risse, Hist. Hlth. Sci. Part of the series "From House of Mercy to Biomedical Showcase." HSW 300. Noon.*

ORAL BIOLOGY 220 SEMINAR: *Other Aspects of Restorative Materials & the Pulp.* W.R. Hume & Harold E. Goodis, Rest. Dent. S 664. Noon-1 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *The dsRNA Adenosine Dearninase & Other Proteins that Bind Double-Stranded RNA.* Brenda Bass, Biochem., U Utah. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

EPIDEMIOLOGY & BIOSTATISTICS SEMINAR: *Contraceptive Choice in the HIV Era: Tough Trade-Offs.* Ward Cates, Epid. Prog. Office. MU 427W. 4-5 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

2 Wednesday

SURGERY GRAND ROUNDS: *Surgeons and the New Playing Field.* William H. Goodson, Surg. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

GASTROENTEROLOGY SEMINAR SERIES: *Pathophysiology of* Esherichia coli–*Induced Diarrhea.* William N. Segal, GI. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Vitamin D & Prostate Cancer.* Donna M. Peehl, Uro., Stanford. Part of the second annual "Nutrition & Mineral Metabolism: Calcium & Vitamin D" mini-symposium. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS. S 214. 9-10 a.m.

JEWELRY APPRAISAL

As part of the Faculty Wives & Associates meeting, Sandra Solkin, Butterfield & Butterfield, will appraise one piece of jewelry for each person attending as part of her presentation. Fac/Alum House. 10:30 a.m.

BROWN BAG LECTURE SERIES: *Fear of the Dentist.* Frank P. Grimaldi, Oral & Max. Surg. & Hosp. Dent. Prog., discusses the full range of relaxation, sedation & anesthetic techniques available. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

EXPLORING THE FRONTIERS OF MEDICINE

Computers & Biotech: Combining Forces to Combat Disease. George L. Kenyon, interim dean, Schl. Pharm. The first in a series of public lectures in SF's Financial District by UCSF medical researchers discussing the latest medical discoveries. Grand Ballroom, Sheraton Palace Hotel, 2 New Montgomery. 12:30-1:30 p.m.*

DERMATOPHARMACY/DERMATOTOXICOLOGY SEMINAR: *The Austrian, Swiss & German Photopatch Test Study Group: Results of the Eight-Year Study.* Norbert J. Neumann, Derm., Heinrich Heine U, Dusseldorf, Germany. S 1364. 1-2 p.m.

PSYCHIATRY GRAND ROUNDS: *Studies in Synaptic Transmission & Neural Development: Two Ways to Look at the Brain.* Teresa McGuinness, Psychr. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *Perinatal Transfusion.* Beth St. Lezin. L 535. 4-5 p.m.

PATHOLOGY GRAND ROUNDS: *Pathology of CNS Trauma.* Richard Davis, Path., Neurosurg. & Neuro. HSW 508. 5-6:30 p.m.

UROLOGIC PHYSIOPATHOLOGY CONFERENCE. M 464. 5-6 p.m.

TAKING CARE OF YOUR BACK & KNEES

Reduce your risk of injury through strengthening & stretching exercises at these hands-on workshops taught by a UCSF physical therapist. Free for Health Net members. 6-7:30 p.m. Millberry Conf. Cntr. Call 476-1115 for more information.*

*Open to the public.

3 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Managing Herpes Viruses in the Hospitalized Patient.* John G. Bartlett, Infec. Dis., Johns Hopkins. Toland Hall. 8-9 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Multiple Sclerosis: Advances in Clinical & Basic Science.* Stephen Hauser, Neuro. Preceded by case presentations: *Retina.* S 214. 8:30-10 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Workers' Compensation Health Care Organizations.* Linda Rudolph, Ca. Dept. Industr. Relations. M 989. 9-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 729. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

LESBIAN HEALTH ISSUES

Patricia A. Robertson, Ob/Gyn & Repro. Sci. Sponsored by Lesbian, Gay & Bisexual Students Assn., Women Medical Students Assn. & Chancellor's Endowment Fund. N 729. Noon-1 p.m.*

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m. Call 285-6767.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROSCIENCE SEMINAR: *Behavioral Correlates of Neuralplasticity in Adult Humans: Scotomas & Phantom Limb.* V.S. Ramachandran, Neurosci. & Psych., UCSD. HSW 300. 4 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4-5 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6 p.m.

ARTS & PERFORMANCES COLE HALL CINEMA: *Baraka.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 5:45 & 8 p.m. (Movies subject to change.) Call 476-2542.*

HOW TO ACCESS HIV CLINICAL TRIALS

The Community Consortium Community Advisory Forum is sponsoring an educational forum to provide information to people considering joining HIV clinical trials and to explain how to access the trials. Gazebo Rm., Davies Med. Cntr. 6:30-8:30 p.m. Call 476-7147.*

4 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

PHARMACEUTICAL CHEMISTRY SEMINAR: *Nitric Oxide & Heat-Stable Endotoxin Activate CFTR Chloride Currents via Cyclic GMP.* Phyllis Gardner, Mol. Pharmacol., Stanford. S 214. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *The Callahan Techniques.* Preview of all-day seminar on this healing technique on Sat., Mar. 19. N 721. Noon-1 p.m. Call 584-4416.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *Effect of Mechanical Strain on the Phenotype of Vascular Smooth Muscle Cells.* Harlan Ives, Med. & Neph. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

ARTS & PERFORMANCES COLE HALL CINEMA: *Baraka.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 6:30 & 8:45 p.m. (Movies subject to change.) Call 476-2542.*

5 Saturday

MILLBERRY FITNESS SESSION 2 BEGINS

Sign up for Millberry Fitness Center Session 2 classes at any time. Millberry Fitness Desk. Call 476-1115.*

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

LOW VISION FORUM: *Making Decisions About Life-Sustaining Treatment.* Tom Gallagher, medical ethicist & Robert Wood Johnson clinical scholar. Forums are held on the first Saturday of each month. Main foyer, ACC. 11 a.m.-1 p.m. Call Frances Neer at 626-5313 for information.*

DANCE PARTY

Come to the Rhythm Zone Dance Party and let loose to invigorating, live percussion music. Enjoy dancing, playing instruments & meeting new friends. Sponsored by Millberry Fitness Cntr. Register the Millberry Fitness Desk. 6-7:30 p.m. Call 476-0350.*

7 Monday

SPINE CONFERENCE ROUNDS. MU 302W. 7-8 a.m.

TROY C. DANIELS LECTURESHIP

George R. Uhl, Mol. Neurobio., NIH & Natl. Inst. on Drug Abuse & Addiction Res. Cntr., is the Troy C. Daniels Lecturer. Sponsored by Dept. Pharm. Chem. HSW 301.

- Mon., Mar. 7: *The Dopamine Transporter, Cocaine Action & Parkinson's Disease Pathogenesis.* 11 a.m.
- Wed., Mar. 9: *Genes & Drug Abuse: Approaches to Identifying Genes Contributing to Addiction.* 4 p.m.
- Fri., Mar. 11: *Genes for Opiate Receptors & Opioid Peptides.* 11 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

UCSF CELEBRATES WOMEN'S HISTORY MONTH

Events sponsored by the Women's Resource Center, unless otherwise noted. See story on page 1 or call 476-5222 for a schedule of events for the entire month.*

Lisa Johnston as Isabella and Jennifer Wilson as Capitano in *Knocked Up.*

Thurs., Mar. 3

Poetry reading featuring campus poets Phoebe Grigg, Nellie Wong, Chude Allen, Denise Harvey & others. Toland Hall. Noon-2 p.m.

Fri., Mar. 4

TEE FEE, a "zydecajun" & blues dance band performs as part of the Plaza Pulse Noontime Concert Series. Co-sponsored by Millberry Arts & Performances. Noon-1 p.m.

Tues., Mar. 8

An Evening with Jessica Mitford. $10-$15. Cole Hall. 7 p.m.

Thurs., Mar. 10

Knocked Up. A commedia dell 'arte about a woman's right to choose performed by the SF Mime Troupe Second Stage. Co-sponsored by Millberry Arts & Performances. Toland Hall. 7 p.m.

Feb. 26-Mar. 11, 1994

WEIGHT MANAGEMENT PROGRAMS INFORMATIONAL MEETING: Review of weight management program options available at UCSF. A 455. 12:15-1 p.m. Call 476-9987.*

ANATOMY SEMINAR: *Regulatory Arrestin Cycle Secures the Fidelity & Maintenance of the Fly Photoreceptor Cell.* Zvi Selinger, Biochem., Hebrew U of Jerusalem. HSE 1309. 3-4 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *Removal/Inactivation of Blood Borne Viruses.* Girish N. Vyas, Lab. Med. L 535. 4-5 p.m.

PROGRAM OF EXCELLENCE IN MOLECULAR BIOLOGY/CVRI SEMINAR: *Protein Structure: Implications for Disease & Drug Design.* Fred Cohen, Med., Pharm. Chem. & Biochem. & Biophys. S 1364. 4-5 p.m.

8 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Breast Reduction & Mastopexy.* Greg Bland, Plast. Surg. Rm. 200 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL SURGERY RESIDENTS FORUM: *Nonsurgical Management of Temporomandibular Joint Disorders.* Charles McNeill, Temporomandibular Disorders Clin. C 701. 8 a.m.

MEDICAL CENTER VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available in the Medical Center at UCSF. LPPI Aud. 9 a.m.-noon. Call 476-1196 for information.*

OB/GYN GRAND ROUNDS: *Ethics & Reproductive Technologies.* Mary C. Martin, Ob/Gyn. S 1364. 9-10 a.m.

PEDIATRIC NEURORADIOLOGY/NEUROSURGERY CONFERENCE. N 721. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

HISTORY OF HEALTH SCIENCES LECTURE SERIES: *Full Circle: Caring for the Incurable. Hospital Life at SFGH's AIDS Ward During the 1980s.* Guenter Risse, Hist. Hlth. Sci. Part of the series "From House of Mercy to Biomedical Showcase." HSW 300. Noon.*

ORAL BIOLOGY 220 SEMINAR: *Endodontic Materials & the Periodontium.* Rahmat Barkhordar & Harold E. Goodis, Rest. Dent. S 664. Noon-1 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *Evolving New Classes of RNA- & DNA-Based Enzymes.* Charles Wilson, Mol. Bio., Mass. Gen. Hosp. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

EPIDEMIOLOGY & BIOSTATISTICS SEMINAR: *Cost Effectiveness of Chicken Pox Vaccination: Health Insurers vs. Society.* Tracy Lieu, Div. Res., Kaiser Permanente. MU427W. 4-5 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

MOUNT ZION VOLUNTEER ORIENTATION: Program to acquaint prospective volunteers with opportunities available in the UCSF/Mount Zion Medical Cntr. Herbst Hall, MZ. 5-7:30 p.m. Call 885-7353.*

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

9 Wednesday

SURGERY GRAND ROUNDS: *Rational Use of Prophylactic Antibiotics.* John E. Conte, Jr., Epid. & Biostat. & Infec. Control. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

GASTROENTEROLOGY SEMINAR SERIES: *Screening for Hepatocellular Carcinoma.* David J. Kearney, GI. S 214. 8-9 a.m.

GRAND ROUNDS IN MEDICAL EDUCATION: *Computer-Aided Instruction.* Parvati Dev, Stanford. N 517. 8 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Calcium: What's New in Nutrition & Treatment.* Claude Arnaud, Med., Physio. & Prog. in Osteoporosis & Bone Bio., MZ. Part of the second annual "Nutrition & Mineral Metabolism: Calcium & Vitamin D" mini-symposium. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Mechanisms of Hepatic Fibrosis.* Scott L. Friedman, GI. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: *Pain & Distress in Babies.* Rosemary Campos, Fam. Hlth. Care Nurs., discusses how to relieve infant distress from procedural pain. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

LATIN AMERICAN CAMPUS ASSOCIATION MEETING: Meets second Wednesday of each month. HSW 508. Noon. Call Al Lopez at 476-1334 for more information.

PSYCHIATRY GRAND ROUNDS: *Rethinking Oedipus: Attachment & the Evolution of Incest Avoidance.* Mark Erickson, Psychr. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

SEMINARS IN BIOLOGY: *TGF-ß-Related Genes & Their Role in Mammalian Development.* Brigid Hogan, Cell Bio., Vanderbilt U. HSW 300. 4 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *Massive Transfusion & Decision-Making in Emergencies.* Pearl Toy, Lab. Med. & Blood Bank. L 535. 4-5 p.m.

PATHOLOGY GRAND ROUNDS: *AVCs of Melanocytes.* Timothy McCalmont, Path. HSW 508. 5-6:30 p.m.

10 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

COMBINED MEDICINE/PEDIATRICS GRAND ROUNDS: *Health Care Spending in the United States: Too Much of a Good Thing?* Steve Schroeder, Robert Wood Johnson Fndt. Cole Hall. 8-9 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Uveitis: Newer Approaches to Medical & Surgical Therapies.* C. Stephen Foster, Mass. Eye & Ear Infirmary. Preceded by case presentations: *Plastics.* S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 729. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m Call 285-6767.*

EVANS LECTURE

The Retino-Tectal Projection; Axon Guidance in vivo *&* in vitro. Friedrich Bonhoeffer, Biophysics, Max Planck Inst. for Dev. Bio., Tübingen, Germany. H.M. Evans Lecture sponsored by Dept. Anat. HSW 300. 4 p.m. Followed by reception.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4-5 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6 p.m.

11 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Victim No More.* Tania Kostanian, MHONA Int. Cntr. for victims and survivors of violent trauma, explains how self-care and community support allow victims to become more than survivors. N 721. Noon-1 p.m. Call 584-4416.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *The Role of Integrins in Mediating Uptake of Asbestos by Pleural Mesophelial Cells.* Courtney Broaddus, Med. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

AXES & ORGANIZERS

A two-day symposium hosted by Prog. in Excellence in Mol. Bio., Anat. & Prog. in Dev. Bio. featuring speakers from all over the country. Toland Hall. Fri.: 2-5 p.m. Sat.: 9 a.m.-4 p.m. Call Caroline Murphy at 476-2699 or Alasdair MacAuley at 476-4758.

ONGOING SUPPORT GROUPS

MONDAY

JEWISH WOMEN'S DIALOGUE GROUP: Meets every other Monday. Call 546-6423 for meeting dates & locations.*

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. Conf. Rm. A, 3rd fl., MCB. Noon.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-3902.*

TUESDAY

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

PARKINSON'S DISEASE EDUCATION & SUPPORT GROUP: For people with Parkinson's & their caregivers. Third Tues. of the month (except August). Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

LUPUS SUPPORT GROUP: Second Tues. of the month. C 127, MZ. 7-9 p.m. Call 773-9356.*

BRAIN TUMOR SUPPORT GROUP: First Tues. of the month. S 758. 7:30-9 p.m. Call 296-0404.*

WEDNESDAY

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. Observers welcome. C 517. Noon-1 p.m.*

LATIN WOMEN COALITION: For Latina faculty, staff & students. Noon-1 p.m. Call Betty Jerez at 476-7117 for meeting places & dates.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Conf. Rm. A, 3rd fl., MCB. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

DIRECTIONS: A support/education group for newly diagnosed breast cancer patients. 4th fl. lounge, 2356 Sutter, UCSF/Mount Zion. 5-6:15 p.m. Call 885-7529 or 476-5555.*

SUPPORT GROUP FOR WOMEN LIVING WITH LIFE-ALTERING ILLNESS: Alternate Wednesdays. 6-8 p.m. Call 775-2854 to preregister & for meeting location.*

EATING DISORDERS SUPPORT GROUP: Open to anyone dealing with an eating disorder in themselves or others. First & third Wednesday of each month. M 688. 7-8:30 p.m. Call 332-3425.*

"AT THE HEART OF IT" CARDIAC SUPPORT GROUP: For heart patients experiencing fear, anxiety, confusion & stress. A six-week series. Call Kathleen Congdon at 885-7227.*

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: Open to anyone interested in learning more about psychiatric disorders & their treatments. Call Laura Deering-Mayclin at 476-7394 for more information.*

THURSDAY

LESBIAN LUNCH GROUP: Monthly on Thursdays. Call 476-5222 for meeting dates & locations.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

FRIDAY

CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF. Most Fridays. L 535. Call 476-5836.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: Meets on the first Friday of each month. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call Edith Kaplan at 986-2305.*

DEVELOPMENT & TRAINING

For further information call 476-4032.

Supervisors Training Program. Tues., Apr. 5, 12, 19, 26, May 3, 10, 17. 8:30 a.m.-noon or 12:30 p.m. $100.

Writing for Results. Tues., Apr. 5, 12, 19. 1-4 p.m. $75.

Cost Transfers. Wed., Apr. 6. 9 a.m.-noon. $40.

Labor Relations Supervisory Series. Wed., Apr. 6, 13, 20. 1-4:30 p.m. $40.

The UCSF Budget Process. Thurs., Apr. 7. 9 a.m.-4:30 p.m. $40.

Coping with Difficult People. Fri., Apr. 8. 8:30 a.m.-4:30 p.m. $75.

Communicating with Confidence: A Workshop for Non-Managers. Wed., Apr. 13, 20. 8:30 a.m.-noon. $75.

Business Writing Basics — Part B (Individualized Writing Assistance). Thurs., Apr. 14. 1-4 p.m. $25.

Valuing Diversity. Fri., Apr. 15. 8:30 a.m.-4:30 p.m. $40.

Vendor Payments. Thurs., Apr. 21. 1-4:30 p.m. $40.

The Telephone: Your Most Important Business Tool. Tues., Apr. 26. 1-4 p.m. $40.

Survival Skills for the Administrative Assistant. Thurs., Apr. 28, May 5, 12, 19. 1-4:30 p.m. $60.

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251, registration 476-5808 unless otherwise noted.

Diabetes Update. Sheraton Palace Hotel, SF. Mar. 17.

Second International Symposium on Symptom Management. SF. Mar. 17-19.

Sixteenth Annual Infectious Diseases in Clinical Practice. Squaw Valley, CA. Mar. 17-19.

Advances in Endocrinology & Metabolism. Sheraton Palace Hotel, SF. Mar. 18-19.

Annual Review in Family Medicine: Controversies & Challenges in Primary Care. Nikko Hotel, SF. Mar. 23-25.

Seventh Annual Primary Care Medicine: Update 1994. Maui, Hawaii. Apr. 3-8.

Twenty-Second Annual Advances in Internal Medicine. Sheraton Palace Hotel, SF., May 23-27 & Cole Hall, UCSF, June 20-24.

DENTISTRY

For further information call 476-1101.

Complication Avoidance in Oral Surgery with Current & Future Uses of Lasers in Dentistry. Stockton Hilton. Mar. 4.

Third Annual Study & Ski in Squaw Valley. Mar. 4-5.

Preventing & Managing Medical Emergencies in Dental Practice. UCSF. Mar. 19.

Dentistry Down Under: Australia Travel Course. Sydney, Gold Coast & Great Barrier Reef. Apr. 16-29.

Periodontics: Timely & Time-Tested Treatments. Red Lion Hotel, San Jose. Apr. 23.

Local Anesthesia Revisited: Problems & Solutions. UCSF. Apr. 30.

Dental Implants: Update on Treatment Planning Approaches. UCSF. May 7.

Oral Cancer Symposium: Reconstruction & Rehabilitation Following Oral Cancer Therapy. UCSF. May 14.

Clinical Applications of Current Periodontal Knowledge. UCSF. June 18.

CALL 502-NEWS

UCSF's news hotline gives up-to-the-minute information for staff, faculty & students.

BEAR-LY NEW THRIFT SHOP

The Bear-ly New Thrift Shop is open for shopping and donations. They accept clothing, housewares, jewelry, dry goods and more. No furniture. Part of the proceeds benefits the Hospitals Auxiliary for pediatric and patient amenities. 1752 Fillmore St. between Sutter & Post. Hours: 11 a.m.-4 p.m., Monday-Saturday. Call 921-2789.

THE NEXT DEADLINE

Tuesday, March 1, 1994 is the deadline for items to be listed in the next calendar, which covers **March 12-25, 1994** (two weeks). Complete information must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-3257, send a fax to 476-3541, or bring it to UCSF/Laurel Heights, 3333 California St., Suite 103.

More basics of investing 403(b) funds

In the January 29 *Newsbreak*, Financial Planning's John Beeson contributed an article on investing your 403(b) retirement funds. For this issue, he continues his discussion:

Different asset classes (e.g., stocks, bonds, savings) demonstrate various annualized rates of return over time, he says. From 1926 to 1990, the average annualized rate of return for each class was:

- Stocks — 10.1%
- Long-term bonds — 5.2%
- Savings (treasury bills) — 3.7%

Stocks obviously had the highest rate of return, but it also was the most volatile class in regard to price fluctuation.

Diversification among the major asset classes can help reduce market, inflation and liquidity risks, he advises, since the risks respond to market and economic factors.

A young investor (age 35-45) who wants to retire in 20 years and is comfortable with risk might consider allocating 70% to stocks, 20% to bonds and 10% to savings.

On the other hand, investors between the ages of 45 and 55 who plan to retire in 10 years and are somewhat wary of risk might consider a combination of 50% stocks, 30% bonds and 20% savings.

Investors approaching retirement within five years or less and moderately concerned about risk might allocate 30% to stocks, 30% to bonds and 40% to savings.

He points out that these are only three examples of asset allocation. Diversification is a good rule of thumb, but investment strategies vary. Call Financial Planning for more information, 476-9256.

Call for abstracts: 1994 Wellness Series

UC faculty from the six health sciences campuses are invited by the Office of the President and Health Net to submit an abstract for the Fourth Distinguished Wellness Lecture Series. One lecturer will be chosen from each campus to prepare a paper and present an hour-long lecture.

Lecturers also will participate in a forum, and papers will be distributed to health policy leaders and health care providers throughout the state. The lectures should address policy or service issues for improving the health of Californians through wellness efforts.

Each lecturer will receive a $2,500 award and $1,000 for research assistance.

Applications are due April 18, 1994. For further information, call Irene Bronston at (510) 987-9711.

Fund Performances

For those invested in the 403(b) Plan and the After-tax plan, here are the latest unit values and monthly factors (as of January 31, 1994). The new annualized yield reflects the annual yield that could be achieved if the current monthly rate were compounded for one year.

	Monthly Values	Annual Rate	Annualized Yield
Savings	.0056	6.59%	6.71%
Money Mkt	.0027	3.17%	3.17%
ICCF	.0066	7.82%	8.0%
	Unit Values	12-Month Change	3-Year Avg. Annualized Yield
Bond	$68.79	23.2%	18.0%
Equity	$103.45	14.8%	14.8%
Multi-Asset	$14.99	12.5%	11.8%

The investment results, as measured by total return figures given above, represent past performance and should not be considered indicative of future results. If you have questions, please call 476-9256.

Diao *(from page 8)*

says that his goals at UCSF include answering unsolved problems in the field of hand and microvascular surgery, making hand surgery an important part of the education program for graduate and postgraduate medical students and providing state-of-the-art patient care for hand and upper extremity problems — all in the name of making UCSF a major referral center in his specialty.

For further information or referrals, call 476-1167.

Fun Zone

Dating Game destined to go down in UCSF history

Henry Drerup's dream date Susan Adams

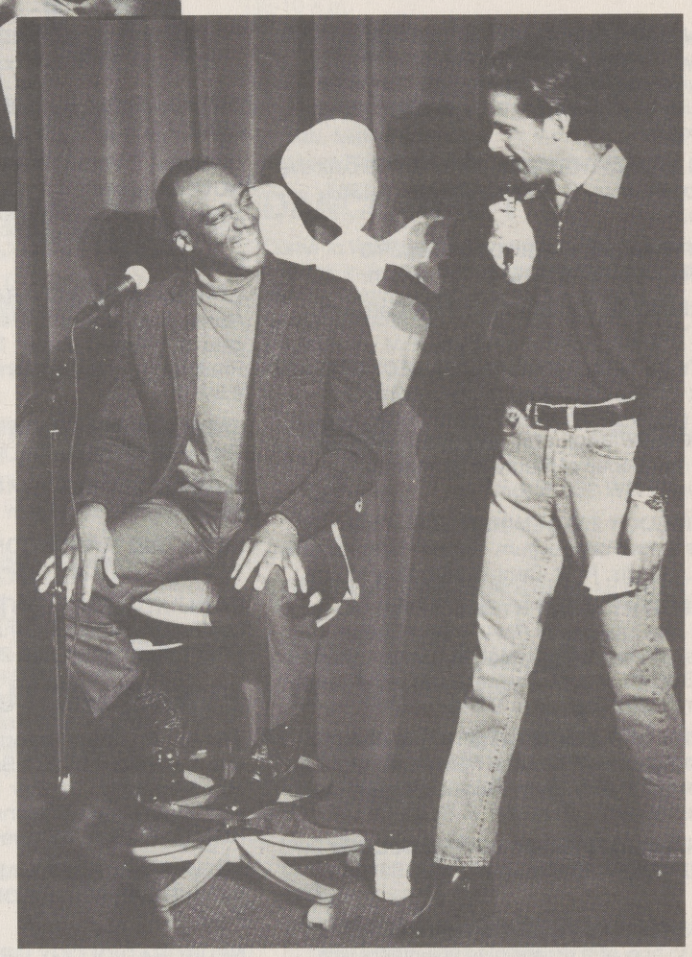
Judging by the enormous turnout and amount of hilarity generated, the first UCSF Dating Game sponsored by EMPACT! on Valentine's Day will definitely go down in UCSF history as one of the all-time great events.

The event, emceed by comedian Scott Capuro (who was really, really funny) produced three winning couples:

- Millberry's Greg Whisman chose Neurosurgery Clinic's Susie Whitman for his date, which will be a trip to San Diego and Sea World.
- Facilities Management's Henry Drerup chose OB Clinic's Susan Adams. They're headed for LA and Disneyland.
- Millberry's Stuart Cohen chose Clinical Pharmacy's David May. Their date will include LA and Universal Studios.

Other good-natured contestants included School of Dentistry's William Butricia, Surgery's Nathaniel Bernard Jones, EPI/Medicine's Ann Laak, Acute Hemodialysis Unit's Etty Dolin, CVRI's Shauna McDonough and OB/GYN's Gina Pin Pin.

American Express Travel, Southwest Airlines, Delta Airlines and US Air provided the prizes.



Contestant Nathaniel Bernard Jones with emcee Scott Capuro

Meet Dating Game contestants at Singles Social March 28

EMPACT! wants to know: Did you think the bachelors participating in the Valentine's Dating Game made the wrong choices? Who would you have picked?

If you are a single looking to meet other singles on campus, EMPACT! is offering you an opportunity. The contestants and everyone who applied to be a part of the Dating Game, and anyone who didn't apply but still wants to come, are invited to EMPACT!'s Singles Social on Monday, March 28, from 4:30 to 6:30 p.m. in the Millberry Conference Center. The party will consist of ice breakers (games), refreshments, and whatever everyone makes it. Call 476-2675 for free tickets. Participants must be UCSF employees or students.

Also on the Fun Zone agenda:

- **Rhythm Zone dance party.** Saturday, March 5, 6 to 7:30 p.m. in the Millberry Conference Center. Dance to invigorating percussion music. Register at Millberry fitness desk. Call 476-0350 for more information. Sponsored by Millberry Recreation.
- **Recreation classes.** Winter session begins Saturday, March 5. Register at the Millberry fitness desk, or call 476-1115 for more information.
- **Intramural sports.** Volleyball, basketball, indoor soccer and towerball. Entries accepted Monday, March 7, through Friday, March 25. Pick up form at the intramural display table in the fitness lobby beginning March 7. For more information, call 476-0356.

Funding for toxic substance studies

Seed funding for research on toxic substance problems in California is available through the UC Toxic Substances Program. Proposals are due April 1, 1994. This year the program is especially seeking strong interdisciplinary studies that involve collaboration between investigators in the biological, physical, or engineering sciences with colleagues in the social sciences, economics or public policy areas. Intercampus collaborations are encouraged. For more information, call (916) 752-2099.

PBX *(from page 8)*

were precipitated by the fact that the PBX unit was located in the old Mount Zion outpatient building that had to be vacated for the new outpatient cancer center.

Once the decision was made to relocate the unit to Laurel Heights, the new quarters were set up to accommodate both the Mount Zion and Parnussus PBX units, and the equipment and mode of operation were brought up to date — in other words, the switchboard operators have moved into the computer age.

The Parnassus operators will join the Mount Zion staff at Laurel Heights later in the year, says McCowen, at which point the staff will assimilate into one unit.

Seeking new orchestra director

The UCSF Orchestra currently is searching for a music director to begin in September, 1994. The orchestra performs three or four concerts a year and rehearses on Tuesday evenings. The orchestra was founded in 1989 and is a high-quality community orchestra with half of the membership coming from the campus community. This is a volunteer position. For information, contact Robert Friedman, chair of the search committee, 759-1992.

Women participants needed for 2 studies

Post-menopausal women with mild osteoporosis are needed to participate in a four-year research project to examine the effectiveness of a non-hormonal medication to prevent and treat the condition. The UCSF Osteoporosis Program is recruiting women who are not taking estrogen, are at least five years post-menopause, and are between the ages of 65 and 85. Call 476-7352.

Also, the Reproductive Endocrine Research Center is conducting a study on risk factors for coronary heart disease in American women — such as looking at the effects of estrogens, progestins and androgens on cholesterol levels. Both young and elderly women are needed. Call Saralun Mark at 476-3228.

Shapedown for adults

"Shapedown," the successful weight loss program for adolescents developed at UCSF, is being extended to adults for the first time, according to program director Laurel Mellin.

Choose a free orientation and brief assessment on Thursday, March 17, or Friday, March 18, from 5:15 to 6 p.m. each day in the employee lounge on the plaza level of the ACC.

The basic training extends for 10 weekly sessions from Thursday, March 24, through Thursday, June 2. The cost is $150 plus $20 for materials. For more information, call Mellin at 476-2502.

AIDS studies funding

The UCSF AIDS Clinical Research Center is offering funds for HIV/AIDS pilot studies. The deadline for the next funding cycle is Friday, April 1, 1994. Applicants can submit studies in basic science, epidemiology, behavioral science or clinical trials. Also, some funds are still available through the Macy's/UCSF Program for AIDS Research, which supports research looking at factors that influence transmission of HIV or other bloodborne pathogens in the health care setting. For more information, contact Layne Ethington, 476-8857.

Medsounds Continued

Social Work Month events: Two speakers & an advice booth

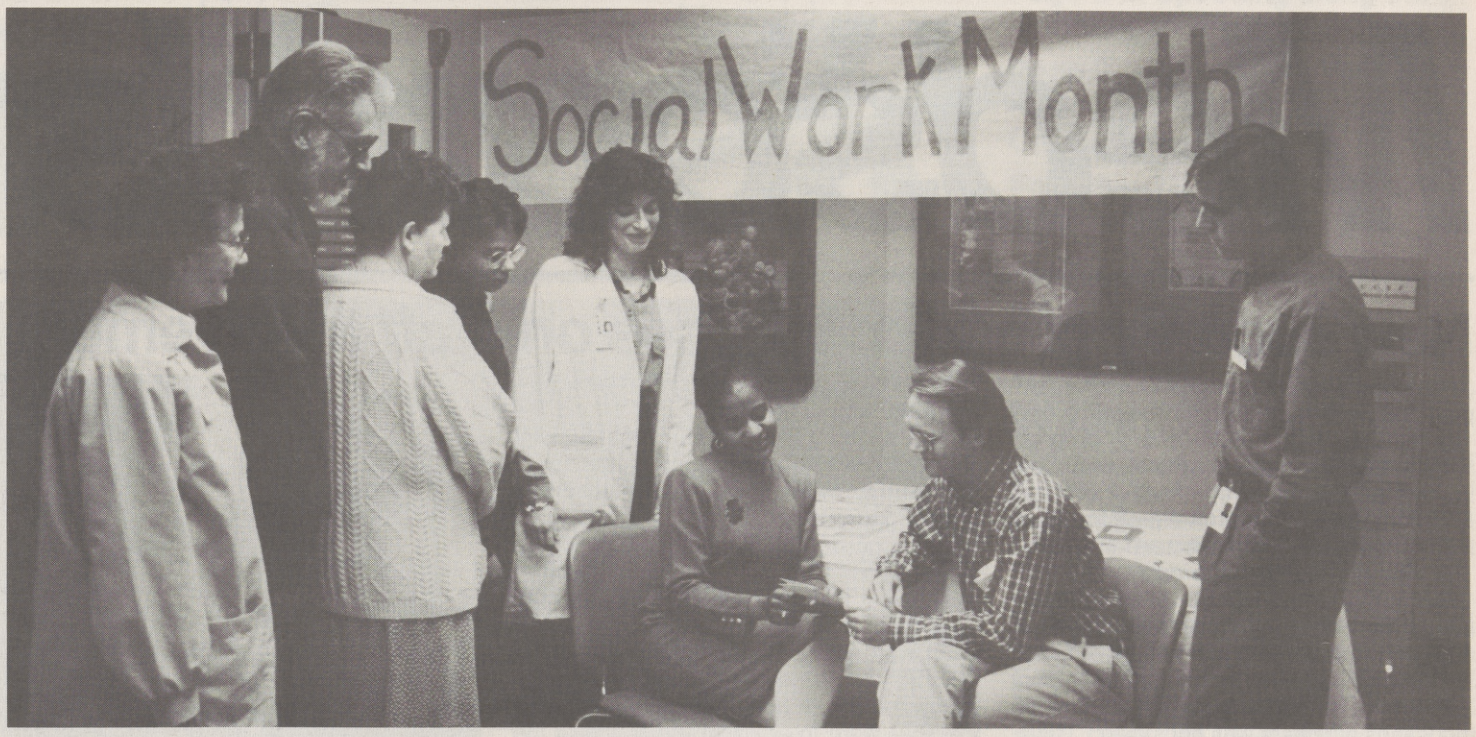
The Department of Social Work, which includes the clinical social work services for Moffitt-Long, the ACC, LPPI and Mount Zion, has some events planned in observance of Social Work Month (March). All interested staff are invited to participate in any or all of the following:

• **Treatment of Suffering in the Medical Patient.** Friday, March 11, 8:30 to 9:30 a.m., Herbst Hall, Mount Zion. Joan Dunkel, LCSW, will be the speaker at this first Social Work Grand Rounds. Dunkel, who worked at UCSF for eight years as a critical care social worker, is both a graduate of and faculty member at UC Berkeley. She helped develop the School of Social Work's health specialization, and is the recipient of the Koshland Award for Clinical Practice and the 1992 Teacher of the Year Award.

• **Group Treatment in Managed Care.** Friday, March 18, 9 to 10 a.m., LPPI Auditorium. Elaine Cooper Lonergan, PhD, LCSW, will speak. Lonergan, an associate clinical professor in the Department of Psychiatry, is the associate director of Group Therapy Training at LPPI. She is a fellow of the American Group Psychotherapy Association, past president of the Northern California Group Psychotherapy Society and author of *Group Intervention.*

• **Free advice.** Friday, March 18, 10:30 a.m. to 3:30 p.m., Mount Zion lobby. The staff of the Mount Zion unit is setting up a booth and inviting any and all parties to stop by for some advice. What kind of advice? Mount Zion's Barbara Buckley says they can answer questions or provide resource information on all sorts of problems related to illness. The issues could relate to nursing homes, home health care, financial problems, coping with stress related to illness, and so forth. The staff is hooked into many community resources, support groups, etc., and they'd be glad to offer suggestions.

If you have questions on any of the above, call the Mount Zion unit, 885-7529.



Advice booth facsimile, posed for publicity purposes by (left to right) volunteer Cecilia Weimar, MZ neighbor Joe Silvestri, social workers Susan Whitely and Tyan Parker, nutritionist Bernadette Bell, and social workers Shelley Hamilton, Clay van Batenburg and Timothy Regan

187 UCSF physicians among "Best Doctors in America"

The publishers of *The Best Doctors in America* have sent notice that the 1994-1995 edition will be in bookstores soon — and that 187 UCSF physicians are among the 7,200 listings in the directory.

Two years ago, after the first edition of *Best Doctors* was published, we gleaned from the list all those with a UCSF affiliation and published their names. At that time there were 137 doctors from UCSF. From a quick glance over the list, it appears that just about all the original 137 are still there, with a whole host of new additions.

According to Steven Naifeh, a senior editor with the publishing house Woodward/White, Inc., the same group has published *The Best Lawyers in America* for 10 years, which, says Naifeh, is considered the "premier referral guide in the legal profession."

Just a word on how they decide who's "best": Naifeh says that for the second edition, they spent a year "making 13,000 phone calls and writing 11,000 letters" asking physicians to rate their peers by answering the following question: "If a friend or loved one came to you with a medical problem in your field of expertise, and for some reason you could not handle the case, to whom would you send them?"

The resulting list of 7,200 of "the best and the brightest," as the publisher calls them, represents about 2% of the nation's 350,000 practicing physicians. Here's an update, including specialties and subspecialties as they are listed in the book.

(Some doctors are listed as "best" for more than one specialty or sub-specialty — radiation oncologist Theodore Phillips and brain surgeon Charles Wilson each have the distinction of being listed among the best in *four* categories.)

N. Scott Adzick, general surgery (pediatric surgery)
Bernard Alpert, plastic surgery (breast & reconstructive surgery)
William J.C. Amend, Jr., nephrology, kidney transplants
Michael J. Aminoff, neurology (adult electromyography/infectious & demyelinating diseases)
Nancy Ascher, general surgery, transplantation
William H. Ayres, psychiatry (child & adolescent psychiatry)
Peter Banys, psychiatry (addiction medicine)
Anthony James Barkovich, radiology (neuroradiology)
James M. Beck, pulmonary & critical care medicine (AIDS)
Neal L Benowitz, clinical pharmacology
Bruce O. Berg, child neurology
Karl R. Beutner, dermatology (herpes virus infections)
Neal S. Birnbaum, rheumatology (rheumatoid arthritis)
Elias Botvinick, nuclear medicine (nuclear cardiology)
Homer A. Boushey, pulmonary & critical care medicine (asthma)
David Bradford, orthopaedic surgery (spine surgery)
Thomas F. Budinger, nuclear medicine (brain)
Henry J. Buncke, hand surgery/plastic surgery (microsurgery)
Jerome S. Burke, pathology (hematopathology)
William John Byrne, pediatrics (pediatric gastroenterology)
Michael K. Cahalan, anesthesiology, adult cardiovascular
Peter R. Carroll, urology (urologic oncology)
Joseph R. Castro, radiation oncology (particle beam radiation)
Ralph R. Cavalieri, endocrinology & metabolism, nuclear medicine (thyroid)
John P. Cello, gastroenterology, endoscopy
Devron H. Char, ophthalmology (ocular oncology)
Kanu Chatterjee, cardiovascular disease (heart failure)
Orlo H. Clark, general surgery (endocrine surgery)
Neal H. Cohen, anesthesiology (critical care medicine)
Susan B. Conley, pediatrics (pediatric nephrology)
Felix A. Conte, pediatrics (pediatric endocrinology)
Morton Cowan, pediatrics (pediatric hematology-oncology)
Gerd Cropp, pediatrics (pediatric pulmonology)
Richard L. Davis, pathology (neuropathology)
Alfred A. de Lorimier, general surgery (pediatric surgery)
Haile T. Debas, general surgery (gastroenterologic surgery)
Herbert H. Dedo, otolarygology (laryngology)
Eric Denys, adult neurology (electromyography/neuromuscular disease)
William P. Dillon, radiology (neuroradiology)
Barbara Dodson, anesthesiology (neuroanesthesia)
Quan-Yang Duh, general surgery (endocrine surgery)
Michael S.B. Edwards, neurological surgery (pediatric neurological surgery)
William K. Ehrenfeld, general surgery (vascular surgery)
Glen R. Elliot, psychiatry (child & adolescent psychiatry)
Jean C. Emond, general surgery (transplantation)
John Howard Epstein, dermatology (photobiology)
Robert Fishman, adult neurology
Alan W. Flake, general surgery (pediatric surgery)
Ilona Frieden, dermatology (pediatric dermatology)
Karen King-Wah Fu, radiation oncology (brachytherapy/head & neck cancer)
Gordon Gamsu, radiology (chest)
Richard G. Glogau, dermatology (aesthetic surgery/skin cancer surgery & reconstruction)
Edward J. Goetzl, allergy & immunology
Mitchell S. Golbus, obstetrics & gynecology (genetics)
James D. Goldberg, obstetrics & gynecology (genetics)
Nora Goldschlager, cardiovascular disease (clinical exercise testing)
Jerry Goldstone, general surgery (vascular surgery)
Douglas S. Goodin, adult neurology (infectious & demyelinating diseases)
Donald E. Goodkin, adult neurology (infectious & demyelinating diseases
William H. Goodson III, surgical oncology (breast cancer)
Leonard Gorden, orthopaedic surgery (reconstructive surgery)
Frank A. Gotch, nephrology (dialysis)
Richard M Greenberg, psychiatry (psychoanalysis)
Daniel Peter Greenson, psychiatry (psychoanalysis)
Francis S. Greenspan, endocrinology & metabolism (thyroid)
George A. Gregory, anesthesiology, pediatrics (pediatric anesthesiology/pediatric critical care)
Roy C. Grekin, dermatology (skin cancer surgery & reconstruction)
Jerry C. Griffin, cardiovascular disease (pacemakers)
Melvin M. Grumbach, pediatrics, pediatric endocrinology
Philip H. Gutin, neurological surgery (stereotactic radiosurgery & tumor surgery)
Van V. Halbach, radiology (neuroradiology)
Francine E. Halberg, radiation oncology (breast cancer)
Roberts E. Hales, psychiatry (neuropsychiatry)
Frank L. Hanley, thoracic surgery (pediatric cardiac surgery)
Michael Harrison, general surgery (pediatric surgery)
Stephen L Hauser, adult neurology (infectious & demyelinating diseases)
I. Craig Henderson, medical oncology/hematology (breast cancer)
John Hetherington, Jr., ophthalmology (glaucoma)
Melvin B. Heyman, pediatrics (pediatric gastroenterology)
Grant B. Hieshima, radiology (neuroradiology)
Charles B. Higgins, radiology (MRI)
Julien I.E. Hoffman, pediatrics (pediatric cardiology)
Philip Hopewell, pulmonary & critical care medicine (lung infections)
Jonathan C. Horton, ophthalmology (neuro-ophthalmology)
Creig S. Hoyt, ophthalmology (pediatric ophthalmology)
William F. Hoyt, adult neurology/ophthalmology (neuro-ophthalmology)
Thomas K. Hunt, general surgery (wound healing)
Robert K. Jackler, otolaryngology (otology/neurotology; skull-base surgery)
Robert B. Jaffe, obstetrics & gynecology (reproductive endocrinology)
Madhu J. John, radiation oncology (gynecologic cancer)
James O. Johnston, orthopaedic surgery (tumor surgery)
Reese T. Jones, psychiatry (addiction psychiatry)
Selna L. Kaplan, pediatrics (pediatric endocrinology)
John H. Karam, endocrinology & metabolism (diabetes)
Michael Katz, obstetrics & gynecology (maternal & fetal medicine)
Emmet B. Keefe, gastroenterology (hepatology)
Barry A. Kogan, urology (pediatric urology)
Steve Kohl, pediatrics (pediatric infectious disease)
John Koo, dermatology (psoriasis)
Steven G. Kramer, ophthalmology (corneal diseases & transplantation)
Michael D. Lagios, pathology (breast pathology)
Russell K. Laros, Jr., obstetrics & gynecology (maternal & fetal medicine)
David A. Larson, radiation oncology (brain cancer/radiosurgery)
Roberts B. Layzer, adult neurology (neuromuscular disease)
Gershon Levinson, anesthesiology (obstetric anesthesia)
Charles Albert Linker, medical oncology/hematology (leukemia/bone marrow transplantation)
Bertram Harold Lubin, pediatrics (pediatric hematology-oncology)
John M. Luce, pulmonary & critical care medicine
Tom F. Lue, urology (impotence)
Robert J. Lull, nuclear medicine
Howard Maibach, dermatology (contact dermatitis)
Dennis T. Mangano, anesthesiology (adult cardiovascular)
Roger A. Mann, orthopaedic surgery (foot & ankle surgery)
Mary C. Martin, obstetrics & gynecology (reproductive endocrinology)
Barry Massie, cardiovascular disease (heart failure)
Stephen J. Mathes, plastic surgery (breast surgery)
Katherine Matthay, pediatrics (pediatric hematology-oncology)
Michael Matthay, pulmonary & critical care medicine
Ronald D. Miller, anesthesiology
Jerome A. Motto, psychiatry (suicidology)
Sean Mulvihill, general surgery (gastroenterologic surgery)
Richard K. Myler, cardiology (cardiac catheterization)
Philippa Newfield, anesthesiology (pediatric anesthesiology)
David Norman, radiology (neuroradiology)
Robert A. Nozik, ophthalmology (uveitis)
Richard B. Odom, dermatology (clinical dermatology)
Thomas Ogden, psychiatry (psychoanalysis)
Richard K. Olney, adult neurology (electromyography)
Douglas K. Ousterhout, plastic surgery (craniofacial surgery)
John Q. Owsley, Jr., plastic surgery (facial aesthetic surgery)
Julian T. Parer, obstetrics & gynecology (maternal & fetal medicine)
William Parmley, cardiovascular disease (heart failure)
Roderic Phibbs, pediatrics (neonatal-perinatal medicine)
Theodore Locke Phillips, radiation oncology (brain cancer/gynecology cancer/head & neck cancer/sarcomas)
Lawrence H. Pitts, neurological surgery (trauma)
Anthony A. Portale, pediatrics (pediatric nephrology)
Donald E. Potter, pediatrics (pediatric nephrology)
Michael Del Prados, medical oncology/hematology (neuro-oncology)
Vera H. Price, dermatology (hair)
Neil H. Raskin, neurology (adult headache)
Owen Dennis Renik, psychiatry (psychoanalysis)
Victor I. Reus, psychiatry (mood & anxiety disorders)
Mark Rosen, anesthesiology (obstetric anesthesiology)
Ernest H. Rosenbaum, medical oncology/hematology (breast cancer)
Stephen Rosenthal, pediatrics (pediatric endocrinology)
Abraham M. Rudolph, pediatrics (pediatric cardiology)
Gilbert Smolin, ophthalmology (corneal diseases & transplantation)
Merle A. Sande, Infectious disease (AIDS/endocarditis)
Gisela F. Schector, infectious disease (respiratory infections)
Melvin M. Scheinman, cardiovascular disease (electrophysiology)
Nelson B. Schiller, cardiovascular disease (echocardiography)
Theodore R. Schrock, colon & rectal surgery (colon & rectal cancer)
Stuart R. Seiff, ophthalmology (oculoplastic & orbital surgery)
Calvin F. Settlage, psychiatry
Mary-Ann B. Shafer, pediatrics (pediatric & adolescent gynecology)
Larry Jay Shapiro, pediatrics (metabolic diseases)
Dean Sheppard, pulmonary & critical care medicine (asthma)
Sol M. Shnider, anesthesiology (obstetric anesthesia)
Marc A. Shuman, medical oncology/hematology (bleeding disorders/thrombosis)
Norman H. Silverman, pediatrics (pediatric cardiology)
Roger P. Simon, adult neurology
Mark I. Singer, otolaryngology (laryngology)
Allan E. Siperstein, general surgery (endocrine surgery)
David E. Smith, addiction medicine
Scott J. Soifer, pediatrics (pediatric critical care)
Paul Stanger, pediatrics (pediatric cardiology)
Ronald J. Stoney, general surgery (general vascular surgery)
Emil A. Tanagho, urology (neuro-urology & voiding dysfunction)
Lenore C. Terr, psychiatry (child & adolescent psychiatry)
Denny L. Tuffanelli, dermatology (clinical dermatology)
J. Blake Tyrrell, endocrinology & metabolism (neuro-endocrinology)
Jack W. Tupper, hand surgery (peripheral nerve surgery)
Paul A. Volberding, infectious disease/medical oncology, hematology (AIDS)
Peter A. Volpe, colon & rectal surgery
Robert S. Wallerstein, psychiatry (psychoanalysis)
Diane Wara, allergy & immunology (immunodeficiency)
William M. Wara, radiation oncology (pediatric radiation oncology)
Lawrence W. Way, general surgery (gastroenterologic surgery)
W. Richard Webb, radiology (chest)
Edward M. Weinshel, psychiatry (psychoanalysis)
Philip R. Weinstein, neurological surgery (spinal surgery)
Donald R. Wesson, psychiatry (addiction medicine)
Mary L. Williams, dermatology (pediatric dermatology)
Charles B. Wilson, neurological surgery (cranial nerve surgery/tumor surgery, vascular neurological surgery)
Bruce U. Wintroub, dermatology (allergic reactions of the skin)
Owen Wolkowitz, psychiatry (schizophrenia)
Timothy S. Yeh, pediatrics, (pediatric critical care)
Lowell S. Young, infectious diseases (transplantation infections)

SF team donates to Family House

Correspondence from a new football team in town called the San Francisco Tigers announces that 30% of the team's net income will go to Family House, which provides temporary housing for families of children being treated at UCSF for life-threatening illnesses.

The Tigers are part of the West Coast Amateur Football League. They will play seven games this season, with all home games located at Kezar Stadium. Remaining home games include: Saturdays, February 26, March 12, 19 (semi-finals, if necessary) and 26 (finals, if necessary). Games are at 1 p.m.

Tickets are available on game day at Kezar, or by telephoning 1-800-SF-TIGERS.

Volume 9, Number 4 February 26-March 11, 1994

UCSF

Medsounds

Page 1 ... March is Women's History Month

Page 3... Splints no help for carpal tunnel prevention

Page 6 ... EMPACT!'s Dating Game was a smash

Medsounds is a section of *Newsbreak* for and about employees of the Medical Center, including Moffitt-Long, the ACC, Mount Zion and Medical Center employees at Mission Center and Laurel Heights.

New security program focuses on staff involvement

James Carr's recent apprehension of a computer thief in the ACC (*Medsounds*, February 12) coincides with a new security program about to be implemented in the Medical Center. His actions also represent one of the important aspects of the new program, says Medical Center assistant director Dan Shydler: The "Nosey Neighbor" approach.

Because Carr, a member of the Environmental Services staff, questioned the credibility of a stranger who showed up for "work" and said he had been sent over from Mount Zion to help out, computer equipment worth thousands of dollars was not stolen.

The "Nosey Neighbor" approach, which Shydler describes as a "neighborhood watch" program for the workplace, will be discussed during educational sessions offered this spring to launch the new program. The sessions, which will be offered at all Medical Center sites for all employees on all shifts, will cover:

- An overview of the current security program on campus
- Actual data to demonstrate the security status on campus
- Improvements to be offered through the new security program
- Instruction on personal response to difficult or uncomfortable situations involving patients, families or visitors
- Promotion of personal involvement in security (the "Nosey Neighbor" approach).

There are in all about 10 aspects to the new program that will be introduced during the sessions. Among the measures that Shydler feels will be heartily welcomed by the staff is a visitor identification system scheduled for April implementation.

Carr's actions and the introduction of the strengthened program follow on the heels of a series of thefts on the Parnassus site in which eight defibrillators, worth about $7,000 each, were stolen. Worse than the dollar loss, says Shydler, is that the life-saving machines were stolen from code blue carts. "If a staff member were to arrive at the scene of the code only to discover that the machine was missing," says Shydler, "it could mean the difference between life and death for the patient."

Beyond the all-important issue of patient security, the sessions also will focus on staff security. In fact, one of the videos in the multimedia sessions will be of an actual case in which a thief was apprehended trying to use credit cards stolen from a UCSF employee.

More information on the sessions, including times and locations, will be distributed to departments. The sessions are not mandatory, but Shydler says he feels that interest in security is high, and he hopes that attendance will be good: There is a lot of important information to share.

James Carr (center) recently was honored by Medical Center Administration for putting the "Nosey Neighbor" approach into effect. He is flanked by Environmental Services director Mathias Chaplen (left) and Administration's Dan Shydler.

Ortho Surgery introduces new hand surgeon

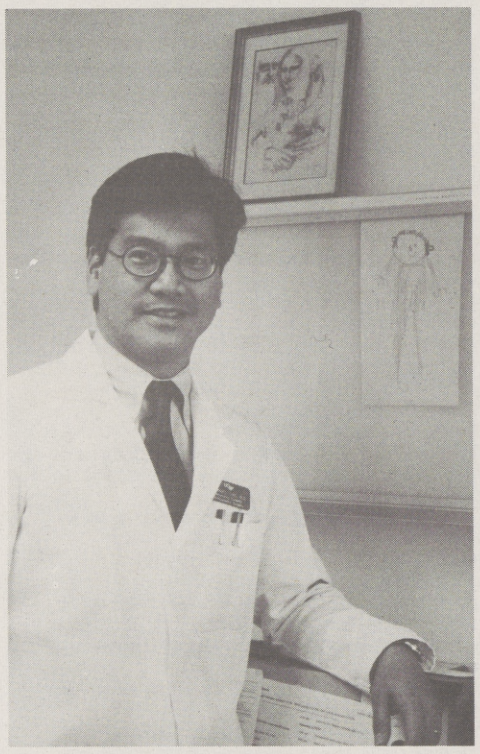
Pam Nye, orthopaedic clinical nurse specialist, called to say she had some important news: A hand and microvascular surgery specialist, Edward Diao (pronounced Dee-OW) had recently joined the Department of Orthopaedic Surgery. The significance of his arrival, she said, is the development of a hand and microsurgery service as part of Orthopaedic Surgery.

Diao is chief of this new service — new in the sense that he's pulling all the elements together to form a comprehensive program across three sites: Moffitt-Long, SFGH and Mount Zion. The service offers treatment for essentially all hand and upper extremity problems. Specifically, it includes emergency surgery for traumatic hand injury, replantation of extremities or limbs, tissue transplantation, and all procedures requiring microsurgical techniques. The service also specializes in the treatment of a variety of problems that include repetitive stress injury, tendinitis, congenital limb problems, fractures and paralysis.

Among his research collaborations, Diao is working with postgraduate hand fellows Jay Hariharan and Osamu Soeijima on new techniques for tendon repair and healing, wrist mechanisms, mobilization techniques, and clinical trials for splints; and with David Rempel, director of the UCSF ergonomics lab, on research related to repetitive stress injuries.

Diao, who most recently was director of research for the Division of Hand Surgery at the State University of New York at Buffalo,

(Continued on page 6)



Diao, framed by two drawings — one by a former instructor and one by his daughter

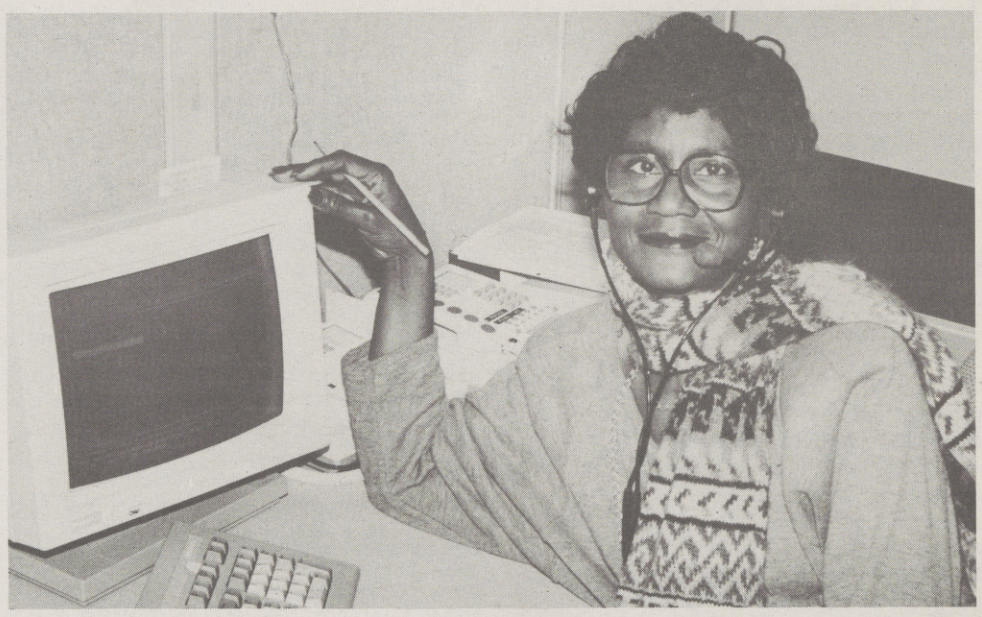
Mount Zion PBX settling in at Laurel Heights

There were some technical problems following the Mount Zion switchboard operators' move to Laurel Heights late in 1993, but the software vendor is getting the last of them ironed out, says Telecommunications manager Marty McCowen. And the staff is acclimating — not only to their new location, but to a whole new way of doing things.

Previously, the Mount Zion operators worked from a traditional console. Some of them had been conducting business this way for decades. The conversion to computerized data bases and working from a computer screen is certainly a boon to capabilities, says McCowen, but it definitely took some getting used to for the staff.

The new location and operation changes

(Continued on page 6)



Mount Zion PBX operator Margie Higgins at the computer: The new mode of operation is technologically advanced.

The future research building

Victor Cuellar from Mount Zion Security (foreground) and painting contractor Mike Tabarracci survey the remains of the 2340 Sutter Street building as workers bring down the building directly behind it, at 2511 Bush. This is the site of the future cancer research building, which will span the entire space from Bush to Sutter. The demolition schedule is right on target, says project manager Ivy Chiao, and construction is scheduled to begin the first of May. Next building to come down: the outpatient building at the corner of Divisadero and Sutter, to make way for the outpatient cancer center. Asbestos removal begins April 25, according to project manager Jim Lennon. It will be early June, he says, before people begin to see signs of demolition.